



March 2016 Issue 49

The Glenmore Trust

Newsletter

Volunteers

Did you know that we have volunteers who are available to offer some support and befriending? If you would like to find out more information please call Cath at Head Office. Here are some photos of some of our volunteers out and about



Mike Morren's 60th Birthday Party in Penrith on 23rd January.

Mike is a big James Bond fan so the hall was decorated with Bond balloons and his cake had a 007 design. Mike would like to thank all those who came and showered him with cards and gifts. It was very kind and much appreciated.

Also a big thank you to the staff who helped put the night together and helped out on the night, especially Rosie Watt, Liz Allonby, Michelle Sowerby and Clair Green.



Mike thoroughly enjoyed himself and proved once again he is King of the dance floor!

March Birthdays—Happy Birthday to:

Christopher Barnes 8th
Sammy Henderson 10th
Mike Harrington 18th
Morgan Thomas 25th

Mark Crozier 8th
Andrew Bowditch 17th
Ian Mackay 19th



**Would you like to do something different ?
Here's some interesting ideas to think about**

We have lots of trips to the theatre this year that you can join us on both locally at the Green Room and also the trips that Colin organises. We have a number of tickets available for all Green Room Productions. The next one is on Monday 14th March "a Chorus of Disapproval" a funny Alan Ayckbourn comedy about a man who can't say no . If you would like to go please call Cath at Head Office Tel: 01228 522448

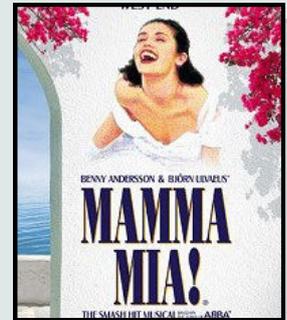
Colin has availability for the following trips:

Chicago the Musical. Starring John Partridge (Eastenders and Big Brother) Hayley Tammadon (Coronation Street) and Sam Bailey (The X Factor)



Little Shop of Horrors, the Musical, Glasgow 19th November Cost £35

Mamma Mia, Edinburgh 10th December 2016 Cost £42.50



Colin also has a day trip to Beamish on Saturday 2nd April 2016 .Cost £21 to include entrance to the museum.

If you are interested in any of these trips please contact Colin M: 07511303878 or 01228 590070

The Friday Lunch Club at the Weatherspoon's pub, The Dog Beck in Penrith, has now become a regular event , it has been decided by those who attend that a regular Friday in the month is best so from this month the lunch club will take place on the first Friday. Here's a picture of the great fish and chip special on every Friday which is a popular choice with a lot of the lunch clubbers. Everyone is welcome... so if you are free why not come and join us??



If you have some news or a story you would like to see in the newsletter why not send them in by email to: catherine.arabi@glenmore.org